

# OMA Member Event



## Fall 2008

# Challenges in Pain Management

*Meet the six CME credit hours requirement from the Oregon Medical Board and receive practical information and resources on managing pain through this jointly sponsored program of the Bay Area Hospital and the Oregon Medical Association.*

~~September 25-Portland~~ **SOLD OUT!**

October 1-Bend

October 9-Medford

October 10-Eugene

October 28-~~Portland~~ **SOLD OUT!**

Coos Bay\*

La Grande\*

Roseburg\*

\*These cities will join the Portland location via video conference



***Saturday Courses Also Available:***

~~November 15-Portland~~ **SOLD OUT!**

December 13-Portland

# Challenges in Pain Management

## Statement of Need

Effective January 1, 2009, all Oregon Medical Board licensees except lapsed, telemedicine and teleradiology licensees, MUST COMPLETE a two-part mandatory continuing medical education in the subjects of pain management and/or the treatment of terminally ill and dying patients as follows:

- A one-hour pain management course specific to Oregon provided by the Pain Management Commission of the Department of Human Services (course available at <http://whalespoken.org/DHS/pain/training.shtml>); and
- A minimum of six CME credit hours in the subjects of pain management and/or the treatment of terminally ill and dying patients. Any combination of CME coursework focusing on pain management and/or treatment of terminally ill and dying patients may be used to fulfill this requirement.

To help you meet this six CME credit hours requirement and provide practical information and resources on managing pain, the Oregon Medical Association has developed an all-day pain management educational program.

The evaluation and management of pain disorders presents many challenges for physicians, physician assistants and other health care providers. Offering adequate pain relief yet avoiding the inappropriate use of medications can be a difficult balancing act. Learning how to do a comprehensive pain assessment and identifying which treatment modalities may be best used in particular situations can help in preventing problems in the future.

## Target Audience

This course is aimed at providing physicians and physician assistants with the necessary knowledge and skills through lectures and case discussions to more effectively treat patients with chronic pain.

## Course Objectives

This activity has been planned and implemented in accordance with Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Bay Area Hospital and the Oregon Medical Association. Bay Area Hospital is accredited by the Oregon Medical Association to provide continuing medical education for physicians.

Oregon Medical Association: Bay Area Hospital designates this educational activity for a maximum of 6 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### ***Upon completion of this course, participants will be able to:***

- Conduct a comprehensive pain assessment.
- Evaluate responses to pain management therapies.
- Manage acute and chronic pain in patients with substance abuse histories.
- Identify aberrant behaviors in pain management.
- Treat acute and chronic non-malignant pain in high-risk patients.
- Identify patients at greater risk of aberrant opioid use.
- Understand and balance the ethical issues in prescribing opioids for chronic pain.
- Review the pharmacology and use of non-opioid medications for patients with chronic pain.

## Agenda

8:00 – 9:00 am	<i>Registration/Continental Breakfast</i>
9:00 – 10:00 am	<b>Introduction</b> – <i>Michael Resnick, MD and Andris Antoniskis, MD</i> <ul style="list-style-type: none"> <li>• Prevalence of Chronic Pain, Addiction, and their “Co-Occurrence” – <i>Michael Resnick, MD</i></li> <li>• Definitions of Addiction: “Pseudo-Addiction” and “Dependence Tolerance” – <i>Michael Resnick, MD</i></li> <li>• Principals of Assessment and Treatment of Patients with Chronic Pain – <i>Andris Antoniskis, MD</i></li> <li>• Societal Influences on Physician Prescribing and Patient Expectations – <i>Michael Resnick, MD</i></li> <li>• Treatment Options Other than Medication for Chronic Pain – <i>Michael Resnick, MD</i></li> </ul>
10:00 – 10:15 am	<i>Break</i>
10:15 – 11:15 am	<b>Assessment</b> – <i>Andris Antoniskis, MD</i> <ul style="list-style-type: none"> <li>• Treatment Response</li> <li>• Identifying Aberrant Behaviors</li> </ul>
11:15 – 12:15 pm	<b>Use of Opioids</b> – <i>Michael Resnick, MD</i> <ul style="list-style-type: none"> <li>• Pharmacology</li> <li>• Appropriate Laws and Regulations</li> </ul>
12:15 – 1:15 pm	<i>Lunch (included with registration fee)</i>
1:15 – 2:15 pm	<b>Treating Acute and Chronic Non-Malignant Pain in High Risk Patients</b> – <i>Andris Antoniskis, MD</i>
2:15 – 2:30 pm	<i>Break</i>
2:30 – 3:30 pm	<b>Pharmacology and the Use of Non-Opioid Medications</b> – <i>Michael Resnick, MD</i>
3:30 – 4:30 pm	<b>Case Discussions</b> – <i>Michael Resnick, MD and Andris Antoniskis, MD</i>
4:30 pm	<b>Adjourn</b>

## Faculty

**Andris Antoniskis, MD**, is currently the medical director of the Chemical Dependency Program at Providence Portland Medical Center. He was certified in addiction medicine in 1988, appointed a fellow of the American Society of Addiction Medicine in 2006, and is a past president of the Oregon Society of Addiction Medicine. He is also board certified in internal medicine. A past president of the OMA, he has been influential in the development of crucial policies pertaining to the profession of medicine as well as a spokesperson for substance abuse prevention. He enjoys imparting his many years of pain management experience to other physicians encountering pain issues in high-risk patients, particularly those with a history of substance abuse disorders. He has recently retired from internal medicine to spend more time focusing on addiction medicine.

**Michael Resnick, MD**, is the medical director of addiction treatment services at the Portland Veterans Affairs Medical Center and director of the addiction psychiatry fellowship at OHSU. He is a psychiatrist with additional qualifications in addiction psychiatry. He is a consultant to the Oregon Medical Board on issues related to appropriate prescribing of controlled substances, and has directed it's program on appropriate prescribing for twenty years. He directs the Opiate Treatment Program at PVAMC and co-directs, with the anesthesia-pain program, a clinic for the treatment of patients with chronic pain and addictive disorders.

### Planning Committee

Andris Antoniskis, MD      Paul Frisch, JD  
 Michael Resnick, MD      Reina O'Beck  
 Joy Conklin

*All faculty and planning committee members have been asked to disclose any real or apparent significant affiliations, including commercial interests, which may have a direct bearing on the subject matter of this CME activity. They have also been asked to disclose any discussion of commercial products and/or services, and/or unlabeled uses of products during their presentation. Detailed disclosures will be made available at the conference for each individual speaker.*

## DATES and LOCATIONS

All programs will be from 9:00AM - 4:30PM  
**Registration and continental breakfast from 8:00AM-9:00AM**

~~September 25~~  
~~Oregon Medical Education~~  
~~Foundation Conference Center~~  
~~11740 SW 68th Parkway~~  
~~Portland, Oregon~~  
~~(503) 619-8000~~ **SOLD OUT!**

### October 1

The Riverhouse  
 3075 N Hwy 97  
 Bend, Oregon  
 (800) 547-3928

### October 9

Smullin Health  
 Education Center  
 2825 East Barnett Road  
 Medford, Oregon  
 (541) 789-4148

### October 10

Hilton Eugene and  
 Conference Center  
 66 East 6th Avenue  
 Eugene, OR 97401  
 541-342-6653

**NEW LOCATION**

### October 28

#### Video Conference Event Locations:

~~Main Location~~  
~~Oregon Medical Education~~  
~~Foundation Conference Center~~  
~~11740 SW 68th Parkway~~  
~~Portland, Oregon~~ **SOLD OUT!**

#### Regional Participating Sites:

Bay Area Hospital  
 1775 Thompson Road  
 Coos Bay, Oregon  
 (541) 269-8111

Eastern Oregon University  
 One University Boulevard  
 La Grande, Oregon  
 (541) 962-3672

Mercy Medical Center  
 2700 Stewart Parkway  
 Roseburg, Oregon  
 (541) 673-0611

### Saturday Courses

~~November 15~~ **SOLD OUT!**

### December 13

Oregon Medical Education  
 Foundation Conference Center  
 11740 SW 68th Parkway  
 Portland, Oregon  
 (503) 619-8000

## Event Details

**Registration deadline:** Registration closes three business days before the event. On-site payment is accepted so long as we receive your registration form by the deadline. Spaces are limited, please register early to ensure a seat.

\* Limited late registration may be available; call Christi Donaugh at (503) 619-8000.

**Cancellation Policy:** All refund requests must be made with seven business days' notice. Registered participants who plan to pay on-site but do not attend, or who do not cancel with seven business days' notice, will be billed the full price of registration. Substitutions are permitted with prior notification.

### FALL 2008 CHALLENGES IN PAIN MANAGEMENT MEMBER EVENT REGISTRATION

ONE PARTICIPANT PER FORM - PLEASE COMPLETE ALL FIELDS

<b>Name</b> <i>(One Person Per Form)</i>	<b>Title</b>
<b>Email</b>	<b>Physician/Clinic</b>
<b>Phone/Fax</b>	<b>OMA Member Name or Member Number</b> <i>(if applicable)</i>
<b>Address</b>	<b>City/State/Zip</b>
<b>How Did You Hear About This Workshop?</b> OMA Website STAT Mailing Fax E-mail Colleague Other: _____	

CHECK	DATE	WORKSHOP	OMA MEMBER/STAFF	NON-MEMBER	PRICE
	Sept. 25	<del>Oregon Medical Association Headquarters Oregon Medical Education Foundation Conference Center</del>	<del>\$225</del>	<del>\$450</del>	<b>SOLD OUT!</b>
	Oct. 1	The Riverhouse 3075 N Hwy 97 - Bend, Oregon	\$225	\$450	
	Oct. 9	Smullin Health Education Center 2825 East Barnett Rd - Medford, Oregon	\$225	\$450	
	Oct. 10	Hilton Eugene & Conference Center 66 East 6th Ave - Eugene, Oregon (New Location)	\$225	\$450	
	Oct. 28	<del>Oregon Medical Association Headquarters Oregon Medical Education Foundation Conference Center</del>	<del>\$225</del>	<del>\$450</del>	<b>SOLD OUT!</b>
	Nov. 15	<del>Oregon Medical Association Headquarters Oregon Medical Education Foundation Conference Center</del>	<del>\$225</del>	<del>\$450</del>	<b>SOLD OUT!</b>
	Dec. 13	Oregon Medical Association Headquarters Oregon Medical Education Foundation Conference Center	\$225	\$450	

**The below locations will join the Oct. 28 Portland workshop via video conference**

	Oct. 28	Bay Area Hospital 1175 Thompson Road - Coos Bay, Oregon	\$225	\$450	
	Oct. 28	Eastern Oregon University One University Blvd - La Grande, Oregon	\$225	\$450	
	Oct. 28	Mercy Medical Center 2700 Stewart Parkway - Roseburg, Oregon	\$225	\$450	

**Total**

We request that you submit full payment in advance with your registration. If you register in advance and plan to pay on-site but do not attend, or if you cancel your registration with fewer than seven business days' notice, you will be billed the full price of the program.

<b>Circle one</b>	Pay on-site	Check enclosed	Visa	MasterCard	(see credit card faxing instructions below)
<b>Card #</b>					<b>Exp. Date</b>
<b>Signature</b>					<b>Amount</b>

**Fax** registration form with credit card information to our secure fax line (503) 619-0609.

**Mail** form to OMA at 11740 SW 68th Parkway, Suite 100, Portland, OR, 97223-9038.

Contact Christi Donaugh at [christi@theOMA.org](mailto:christi@theOMA.org) or (503) 619-8000.

Please check here if you have a disability and may require accommodation in order to fully participate.

For office use only	4158-30
Date _____	V M
Ck# _____	
Amt _____	