CONTINUING MEDICAL EDUCATION

C·M·E

October - December 2011
Program Calendar
October Grand Rounds

October 7, 2011, 0700-0800
“Motivational Interviewing: Improving Patient Outcomes Through Improving Communication”
Kim Swanson, PhD, Behavioral Health Consultant, St. Charles Family Care – Redmond
Ryan Dix, PsyD, Behavioral Health Consultant, MMORE Clinic – Prineville

Objectives:
1) Discuss the basic principles of motivational interviewing (MI).
2) Identify stages of change in the context of assessing opportunities for interventions to promote behavior change.
3) Review strategies for enhancing patients’ motivation to change.
4) Apply and integrate MI communication techniques into clinical encounters with patients.

October 14, 2011, 0700-0800
“Diastolic Heart Failure: Diagnosis and Treatment”
William Grossman, MD, Professor, Department of Medicine, Division of Cardiology, University of California, San Francisco School of Medicine

Objectives:
1) Demonstrate an understanding of the principles of therapy for acute and chronic systolic and diastolic dysfunction and prescribe appropriate, evidence-based treatments, based on ACC/AMA guidelines.
2) Cite therapy for subgroups; gender, race.
3) Discuss drugs contraindicated in CHF.
4) Demonstrate an awareness of management of refractory CHF.
5) Integrate concepts of self-management in their practice.
6) Assess prognosis and outcomes with optimal therapeutic measurements.

October 21, 2011, 0700-0800
“The Future of CME and Why it is Important for US Healthcare”
George C. Mejicano, MD, MS, Associate Dean for Continuing Professional Development School of Medicine and Public Health

Objectives:
1) Compare and contrast the terms “continuing medical education (CME)” and “continuous professional development (CPD).”
2) Determine how CPD can help clinicians improve the quality of care delivered to their patients.
3) Understand what is meant by both Maintenance of Certification and Maintenance of Licensure and how they will affect physicians over the next 5–10 years.
4) Understand what licensing authorities and certifying boards currently require for CPD and soon will require in the next 5-10 years.

A follow up roundtable session will directly follow the Grand Rounds and will focus on the “nuts and bolts” of planning and implementing Performance Improvement CME. For more information, contact Tracy Parmele in Continuing Medical Education at 541.706.2605.

October 28, 2011 – No Grand Rounds (Medical Staff Meeting)

HELPFUL CME LINKS:
For links to St. Charles CME activities, go to www.stcharleshealthcare.org. Click on “I’m Looking For”, Classes and Events > Continuing Medical Education. See below for a list of activities available at this link.

- The Quarterly CME Brochure. A pdf brochure is easily accessed through the above link.
- Monthly Grand Rounds in Prineville: Scheduled for the 4th Tuesday of the month. See calendar at the CME link.
- Miss a Grand Rounds? Archived video-recordings are available at the CME link.
- Internet Point of Care (IPoC) CME is now available! IPoC CME provides structured, self-directed online learning for physicians on topics relevant to their clinical practice. Physicians may earn 0.5 CME credits for each learning activity (up to 20 credits per year). Call the CME office for more information, at 541.706.2605.
- CE Credits for Medical Imaging Technologists. The Oregon Board of Medical Imaging has approved CE credit for three regularly scheduled clinical conferences (Cardiac Clinical, Multidisciplinary Breast, and Neuroradiology) at the CME link.
- Maintenance of Licensure - The Oregon Medical Board now requires ongoing CME relevant to the licensee’s current medical practice. Physicians may earn 0.5 CME credits for each learning activity (up to 20 credits per year). Call the CME office for more information, at 541.706.2605.
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- Maintenance of Certification – www.ahms.org (American Board of Medical Specialties). The St. Charles Health System CME program can help meet your MOC requirements, specifically Part II, “Lifelong Learning and Self-Assessment” and Part IV, “Practice Performance Assessment”. Are you planning to be involved in a performance improvement (PI) project? You may be eligible to obtain PI CME credit. For more information, contact Tracy Parmele, CWE Manager at 541.706.2605. tparme@stcharleshealthcare.org
November Grand Rounds

November 4, 2011, 0700-0800
“What is a Professional? Redefining our identity in the healthcare world”
Barry Egener, MD, Medical Director, The Foundation for Medical Excellence
Objectives: 1) Demonstrate how the concept and manifestations of “professionalism” are dependent on the systems in which they are viewed. 2) Advance a series of “professionalism competencies” for health care organizations. 3) Consider the evolving issues in central Oregon in light of these two concepts.

November 11, 2011, 0700-0800
“Never-28 Events”
Gregg A. Bendrick, MD, MPH, Chief Medical Officer
NASA Dryden Flight Research Center, Edwards Air Force Base, California
Objectives: 1) List the “Never-28” events of healthcare. 2) Recognize the role of physicians and hospitals in reporting the “Never-28” events. 3) Discuss roles of leadership in establishing effective patient safety management systems. 4) Discuss elements of a culture that is both safe and just, holding people accountable for their actions when appropriate.

November 18, 2011, 0700-0800
“The Changing Shape of Bariatric Surgery”
D. Scott Diamond, MD, General Surgery, Advanced Specialty Care
Objectives: 1) Identify co-morbidities related to morbid obesity and how bariatric surgery affects them. 2) Identify metabolic effects of bariatric surgery. 3) Understand the rationale for bariatric surgery as preventive medicine.

November 25, 2011 – No Grand Rounds (Thanksgiving Holiday)

SKILLS COURSES
Target Audience: Physicians, nurses, allied health professionals
ACLS Provider 2-day Course, ACLS Renewal 1-day Course, ACLS-HeartCode™, NRP Provider 1-day Course, NRP Renewal 1/2-day course, PALS Provider 2-day Course, PALS Renewal 1-day Course.
For more information on the above courses, call the AHA Training Center at St. Charles, 541-706-5845. These activities have been approved for AMA PRA Category 1 Credit™.

Upcoming Clinical Conferences
1 HOUR CASE PRESENTATION EDUCATION
(Target Audience: Physicians, nurses, allied health professionals)
Clinical Conferences have been approved for AMA PRA Category 1 Credit™

Cancer Clinical Conference (Tumor Board) – Wednesdays at 0700. SCMC – B, Conference Room C&D. Cancer Clinical Conferences are broadcast via videoconference to SCMC – Redmond and Pioneer Memorial Hospital.
Cardiac Clinical Conference – 1st Tuesday at 0730. SCMC-B, Conference Room C&D. Cardiac Clinical Conferences are broadcast live to CONet Hospitals: Redmond, Prineville, Madras, John Day, Burns, and Lakeview.
Endocrinology Multidisciplinary Conference – Quarterly, 3rd Tuesday, (March, June, September and December) at 0700. SCMC - Bend, Conference Room B. Endocrinology Multidisciplinary Conferences are broadcast via videoconference to SCMC - Redmond.
Gastroenterology Clinico-pathologic Conference – 1st Thursday at 0700. SCMC – B, Conference Room A. Conferences are broadcast via videoconference to SCMC - Redmond.
Neuroradiology Conference – Monthly, 4th Thursday at 0700. SCMC – B, location varies. Conferences are broadcast via videoconference to SCMC – Redmond and Pioneer Memorial Hospital.
December Grand Rounds

December 2, 2011, 0700-0800
“Incorporating Lifestyle Medicine into Practice”
Anne Nedrow, MD, MBA, Associate Professor, Department of Medicine; Medical Director, Women’s Primary Care and Integrative Medicine, Center for Women’s Health, Oregon Health & Science University

Objectives: 1) Describe the essential elements of lifestyle medicine (including exercise, nutrition, weight management, smoking cessation, and stress management). 2) Introduce practical tools to enable physicians to incorporate lifestyle medicine strategies into their practice.

December 9, 2011, 0700-0800
“Palliative Care 101 (Part 1)”
Laura Mavity, MD, Medical Director, Palliative Care, St. Charles Health System

Objectives: 1) Discuss the requirements for POLST completion and POLST registry requirements. 2) Review hospice services and eligibility requirements. 3) Demonstrate skills for care goal discussions.

December 16, 2011, 0700-0800
“Palliative Care 101 (Part 2)”
Lisa Lewis, MD, Medical Director, Partners in Care/Hospice House; with panel moderated by Laura Mavity, MD, Medical Director, Advanced Illness Management and Home Health Programs

Panel:
David Tretheway, MD, Medical Director Hospice of Redmond/Sisters
Sonia Thakur, MD, Medical Director of Mountain View Hospice and Newberry Hospice
Michael Knower, MD, Medical Director of Pioneer Memorial Hospice

Objectives: Using a case presentation and moderated panel format, participants will have a better understanding about Medicare hospice benefit, eligibility, and local resources.

December 23, 2011 - No Grand Rounds (Christmas Holiday)
December 30, 2011 – No Grand Rounds (New Years Holiday)

PSYCHOPHARMACOLOGY GRAND ROUNDS & WORK SESSION

Friday, October 28, 2011
This two-part education activity will address a need for a system-wide algorithm for prescribing psychotropics to the best advantage of the patient and medical community.

Daniel J. Carlat, MD, Associate Clinical Professor of Psychiatry, Tufts University School of Medicine; author of “UNHINGED: The Trouble with Psychiatry—A Doctor’s Revelations about a Profession in Crisis”.

Target audience: Physicians, pharmacists, psychologists, and other healthcare professionals.

12:00-1:00 Lecture: “Physician Conundrums: Practical Considerations When Prescribing Psychotropic Medications”.
1:10-3:10 Work Session: “Developing a System-wide Awareness for Prescribing Psychotropic Medications”.

For more information, go to www.stcharleshealthcare.org and click on “I’m Looking For” then to “CME”. Approved for AMA PRA Category 1 Credit™. Co-sponsored by PacificSource Health Plans.
Grand Rounds

The intent of the Grand Rounds series is to present information in keeping with the needs of the broadest possible physician audience. The purpose of CME is to enhance the physician’s ability to care for patients. It is the responsibility of the St. Charles Education Committee to assure that CME activities are designed primarily for that purpose. Grand Rounds are at 0700 in the Center for Health & Learning at St. Charles Medical Center – Bend, Conference Rooms C & D, and broadcast live to Blue Mountain Hospital, Lake District Hospital, Harney District Hospital, Mt. View Hospital District, Pioneer Memorial Hospital and St. Charles – Redmond.

Accreditation (for Grand Rounds)

AMA Credit Designation Statement:
St. Charles Health System is accredited by the Oregon Medical Association to sponsor Continuing Medical Education for physicians. St. Charles Health System designates this live activity for a maximum of 9.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians:
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. The AAFP invites comments on any activity that has been approved for AAFP CME credit. Please forward your comments on the quality of this activity to cme-comment@aafp.org.

Pharmacists:
Application for CE credit has been filed with the Oregon Board of Pharmacy. Determination of credit is pending.

Nurses:
Provider approved by the California Board of Registered Nursing, Provider Number 8050 for 1.00 contact hour for each hour attended. For questions related to nursing credit, contact Nancy Zavacki RN, MSN, Clinical Education Manager, St. Charles Health System, nazavacki@stcharleshealthcare.org, 541.706.2908.

Faculty Disclosure Statement

To ensure the independence of CME activities, St. Charles Health System adheres to the Accreditation Council of Continuing Medical Education’s Standards for Commercial Support. Prior to a CME activity, faculty must disclose to learners any relevant financial relationship(s), to include the name of the individual, the name of the commercial interest(s); and the nature of the relationship the person has with each commercial interest. For faculty with no relevant financial relationship(s), the learners must be informed that no relevant financial relationship(s) exist.

ADA Statement

St. Charles Health System encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact Lina Johns in advance of your participation or visit.

Comments or Questions about the CME Program?

Contact Lina Johns, Continuing Medical Education Specialist at 541-706-4767; email ljohns@stcharleshealthcare.org or Tracy Parmele, CME Manager at 541-706-2605; tparmele@stcharleshealthcare.org. Education Committee members (listed below) also welcome your input.

Education Committee:

Stephen Mann, DO, Chairman
Robert Andrews, MD
Stephen Archer, MD
Valerie Bailie, MD
Keith Harless, MD
Michael Harris, MD
Mary Lefevre, PharmD
Jonelle Smith, RPh
Edward Palmer, MD
David Stewart, MD
Laurel Yocom, MD

Helen Guerrero-Randall, Medical Librarian, St. Charles Health System
Lina Johns, BS, CME Specialist, St. Charles Health System
Janice Pendroy, RN, MSN, Clinical Education Coordinator, St. Charles Redmond
Tracy Parmele, BA, CPMSM, CME Manager, St. Charles Health System
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